

CONTENTS

List of Illustrations	vii
Epigraph	viii
Acknowledgements	ix
Introduction	1

PART I

The Context of Contemporary Mothering

Chapter 1. Intensive Motherhood and Identity Work	15
Chapter 2. Infant Feeding and Intensive Motherhood	35

PART II

La Leche League

Chapter 3. Contextualising ‘Full-Term’ Breastfeeding	59
Chapter 4. La Leche League: Philosophy and Community	81
Chapter 5. ‘Finding My Tribe’	101

PART III

Accounting for Full-Term Breastfeeding

Chapter 6. ‘It’s Natural’: Some Cultural Contradictions	119
Chapter 7. ‘What Science Says Is Best’: Science as Dogma	144
Chapter 8. ‘What Feels Right in My Heart’: Hormones, Morality and Affective Breastfeeding	162

PART IV

Contextualising Intensive Motherhood

Chapter 9. Mothering as Identity Work in Comparative Perspective: The Case of France	185
Conclusion	214
Appendix 1. Short Term and Long-Term Health Benefits of Breastfeeding for the Child and Mother In Developed Countries	222
Appendix 2. Summary of Demographic Results from Questionnaire Responses	229
References	231
Index	250